





Red Ribbon Club of

GOVERNMENT ARTS COLLEGE (AUTONOMOUS)

Coimbatore -18

Reaccredited with B++ Grade by NAAC

(An Autonomous Educational Institution - Affiliated to Bharathiar University)

Graciously Invites you All for a Human Life oriented Program titled

Strategies for Maintaining Mental and Physical Health

which is to be held on 18/10/24, (Friday) from 10:15 a.m. to 12 noon at Room no:43 (English Dept gallery)

CHIEF GUEST



Mrs. Sreedeví Aravinthan M.So., MDMP Psychologist, Founder of Sree Counselling Services and MDCRC Services, and MD of Sarvam ENT hospital Coimbatore

PATRON

Dr. YEZHILI M.A M.Phíl., Ph.D.,.,

Principal, Government Arts College (A)

Coimbatore-18



PROGRAMME CONVENORS

Dr. N.VIJAYASAMUNDEESWARI Dr. A. PUNITHA